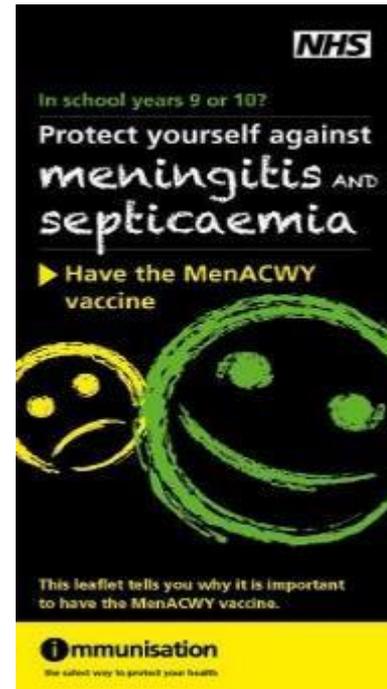


Teenage booster vaccinations



OUR VALUES



What is meningitis & septicaemia?

- Meningococcal bacteria can cause meningitis (inflammation of the lining of the brain) and septicaemia (blood poisoning)
- Both these diseases are very serious and can kill if not diagnosed early



OUR VALUES



- The early symptoms of meningococcal disease are similar to Flu
- You need to recognise the symptoms quickly
- You may have had a meningococcal vaccination before, but this will not protect you against all forms of the disease



OUR VALUES



What causes meningococcal disease?

- There are 5 main groups of meningococcal bacteria that cause meningitis and septicaemia-A, C, W, & Y
- The same bacteria that cause this serious disease are also commonly carried in the back of the nose and throat, especially in young adults



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Respect

How common is meningococcal disease?

- Men C is rare now since the MenC vaccination was introduced in 1999
- Since 2009 there has been a large increase in MenW disease in England, resulting in several deaths among infants and teenagers



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Why get vaccinated?

- As a young adult, you are at risk of getting MenW disease
- Vaccination also reduces the risk of carrying the bacteria, so protects those around you
- This will also prevent the numbers increasing to serious levels



OUR VALUES



- On the day of the immunisation session, you will also receive your tetanus/diphtheria/polio booster
- Both vaccines will be given in the top of your arm one after the other
- The vaccination may sting, and you may get some redness around the injection site



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What you need to do on the day

- ➡ Make sure you have **breakfast**.
- ➡ Wear **loose fitting/short sleeved shirt** or a **T-shirt under your shirt** to enable easy access to the top of your arm on the day.
- ➡ Drink plenty of fluid throughout the day.
- ➡ You can carry on with your normal school day.



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What happens now?

- You will be given a consent form/letter and leaflet to take home
- A parent/guardian will need to complete the consent form and return it to school even if you are not going to have the vaccination



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So... it is normal to feel a bit nervous

- ➡ If you are nervous, talk to a member of school staff, a school nurse or contact ChatHealth
- ➡ Don't believe rumours, they are not always true
- ➡ **Prevention is better than cure!**



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Your feedback matters!

- Following your immunisation you will be asked to complete a questionnaire.
- These questionnaires help us to improve the service we provide to you.



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Respect

Questions?



OUR VALUES



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Respect

